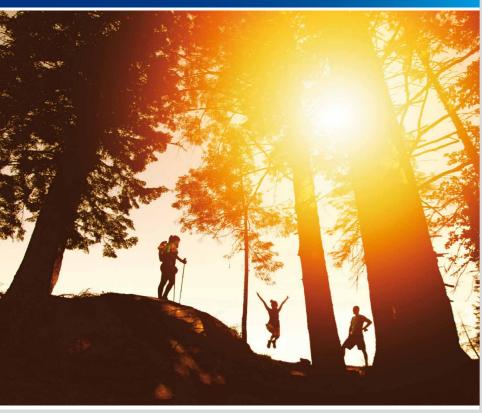


MARIÁNSKÉ LÁZNĚ AND SURROUNDINGS

TOURIST ROUTES



Marianske Lazne is called as the City of Parks. These parks extend from the colonnade into the surrounding extensive spa forests. Within them, you will discover a multitude of well-maintained hiking trails that will lead you not only to beautiful city vistas but also to more wild and rocky paths.

Within the city itself, you'll find four fundamental spa walking circuits, the Dendrological Trail of Václav Skalník, the Writers' Trail, educational paths for children with characters Karolína and Ruda the squirrels, and educational trails on the Nature of Parks and Spa Forests. All relevant materials are available at the Tourist Information Center (TIC).

Approximate Energy Expenditure

Brisk walking: 400 kcal = 1670 kJ/hour

Correct Length of Walking Poles (for Nordic Walking)

Body height (cm) x 0.66

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Tourist Information Center Mariánské Lázně

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MARIENBAD

MARKED TOURIST ROUTES

WES

Direction: Kajetán Pond (15.5 km)

Marianské Lázně – city center • Velká Hleďsebe (3.1 km) • Velký Knížecí Rybník – camp (5 km) • Malá Hleďsebe (6.5 km) • Krásné (9.5 km) • Tři Sekery (10.8 km) • Tachovská Huť (13.5 km)

WEST

Direction: Dyleň (19.1 km) • Vysoká (22.8 km) • Stará Voda (26.2 km) • Lázně Kynžvart (31.5 km)

Mariánské Lázně – train station • Velká Hleďsebe (1.9 km) • Riviéra – swimming pool (3.6 km) • Krásné (8.2 km)

NORTHWEST

Direction: Dolní Žandov (23.4 km)

Mariánské Lázně – city center • 1st junction • Smetanova Alej (1.4 km) • Intersection U Stohu (4.2 km) • 2nd junction • Bašusova Cesta, Intersection (5.4 km) • Left to Uhlíř Pond (7 km) • Continue towards Kladská

1st junction – Left – Alej Svobody (King of Spruces) (2.1 km) concurrently cycling route no. 361

2nd junction – Left – Direction Lázně Kynžvart, Square (4.6 km) • Kynžvart Castle (6.3 km)

NORTH

Lázně Kynžvart • Kynžvart Castle (1.2 km) • Vysoké Sedlo (3 km) • Hvězda (7.3 km) • Continue right onto Kladská (8.8 km)

NOR1

Marianské Lázně – city center • Kings[,] Stone Intersection (6.1 km) • 1st junction • Right onto • Intersection Under the Gallows Meadow (7.5 km) • Left onto • Rota Stream (9 km) • Mýtský Pond (11 km)

1st junction – Left - 300 m from the junction is a hunting lodge from 1913 in the style of Swiss chalets. You can continue towards Kladská. **Note that the route follows the road!**

NOR1

Marianské Lázně – city center • Mariánské Lázně Reservoir (3.4 km) • PR Smraďoch (5.6 km) • Farská Kyselka (6.2 km) • Springs (10.5 km)

- NORTH

Marianské Lázně – city center • Polom (4.8 km) • Farská Kyselka • Strážiště (8.8 km) • Under the Gallows Meadow (10.2 km) • Rota Stream (11.7 km) • Further to Prameny village

EA

Marianské Lázně – city center • Krakonoš (2.1 km) • Závišín, Intersection (4.5 km) • 1st junction • Intersection toward Podhora (5.8 km) • Podhorní Vrch (6.5 km) • Milhostov (9 km)

1st junction - Straight - Podhorní Lodge (7 km) • Intersection Podhora (10.6 km) (cycling route no. 2216) • Intersection Podhora Reservoir • Mrázov (12.4 km) • Betlém Pond, Intersection (13.7 km) • Klášter Teplá (16.9 km) • Teplá (19 km)

SOUTH

Marianské Lázně – city center • Úšovice Antoníčkův Spring (3.1 km) • Vlkovice (4.6 km) • Martinov, Intersection (7.2 km) • Buchtál (10.1 km) • Bridge over Jilmový Stream • Michalovy Hory (12.6 km)

SOUTH

Marianské Lázně – train station • Úšovice (2.3 km) • Chotěnov (5 km) • Holubín (6.3 km) • Dolní Kramolín (8 km) • Chodová Planá (11.8 km)

POINTS OF INTEREST



Bečov nad Teplou (6B)

Within the local castle and chateau complex, you can find the reliquary of Saint Maurus, which is considered the second most valuable movable cultural relic in the Czech Republic, following the Czech Crown Jewels.



Dlouhá stoka (3C)

This is an artificial water canal and a significant technical landmark. It stretches for over 24 km, and along its course, youll find the Kladský and Nový ponds.



Hrad Kynžvart (1E)

The ruins of the castle stand on the edge of the Slavkov Forest. It is located on Zamecký Hill, approximately 1 km northeast of Lázně Kynžvart. These ruins are among the highest situated castles in the Czech Republic, standing at an elevation of 824 meters.



Kladská (2D)

The Kladská Peat Bog National Reserve is one of the oldest and largest reserves in the Karlovy Vary Region. It's also one of the most valuable parts of the Slavkov Forest. A 2.3 km educational trail runs through the peat bog, leading you around Kladská Pond at the edge of the Kladská Peat Bog National Nature Reserve, in a section named Tajga. Walking along this educational trail doesn't require special clothing and is not physically demanding.



Klášter Teplá (7G)

The complex consists of a monastery church, convent buildings, a prelature, the former monastery hospital, a pharmacy, a granary, farm buildings, and a courtyard. The Premonstratensian Monastery of Teplá was founded near the Teplá settlement by the Blessed Hroznata of Ovenec, according to tradition, in 1193.



Krásenský vrch (5A)

The unique shape of this 25-meter tower, with its spiral staircase winding unusually on the outside, may remind you of a Babylonian ziggurat. The lookout tower is located at an elevation of 777 meters above sea level.



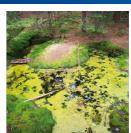
Panský vrch (2H)

Above the village of Drmoul, at an elevation of 650 meters above sea level, lies Panský Vrch with an iron lookout tower. The tower is open for free access from mid-March to the end of October but at your own risk. It is closed during the winter.



Podhorní vrch (5G)

Podhorní Vrch Nature Reserve is a remnant of a Tertiary volcano with significant geomorphological features. The summit of Velká Podhora is at an elevation of 847 meters.



PR Smrad'och (4E)

This protected area offers a short, wheelchair-accessible educational trail. Information about the formation of mofets and the origin of mineral waters can be found on local information boards.



Křížky, Upolínová louka (4C)

The Křížky Nature Park is a unique site of heathlands. It is protected due to its serpentinite hill with rare flora, including the endemic Cerastium alsinifolium.

The Upolínová louka Nature Park is composed of a mosaic of protected wetland communities



Vodní nádrž Mariánské Lázně (3F)

The main purpose of the reservoir is to supply the city of Mariánské Lázně with drinking water. This reservoir is the oldest in the Czech Republic with a masonry dam and was put into operation in 1896.



Zámek Kynžvart (1E)

It is primarily known as the former summer residence of the Austrian statesman and diplomat Klemens von Metternich. The castle is surrounded by an extensive English park with small structures, and it is adjacent to a golf course.

A Campsite

Hospital

CH 002 Emergency point

■ Gas station

Municipal

or city office

■ Post office

Police

Parking

₩ Theater

Spring

₩ Mill

Riding arena

☆ Sports hall

Swimming pool

★ Forester's lodge

Mineral spring

Viewpoint

Lookout tower

Folk architecture

MAP KEY

Marked hiking trails

Educational trail

Tirst-class road

215 Second-class road
Third-class road

Other roads

Paved roads,

Railway
Railway station

Railway stop

Bus station

† Wayside shrine

Chapel

Jewish cemetery

+ Cemetery
Buildings

Gardens
Industrial area
Agricultural area

Significant
or protected tree
Hotel

1 Tourist shelter

Abandoned village
Transmitter
Information center

Water tower

m Museum■ Playground

Playground
Colf course

Photovoltaic power plant

