



MARIÁNSKÉ
LÁZNĚ
MARIENBAD

MARIÁNSKÉ LÁZNĚ AND SURROUNDINGS TOURIST ROUTES



Marianske Lazne is called as the City of Parks. These parks extend from the colonnade into the surrounding extensive spa forests. Within them, you will discover a multitude of well-maintained hiking trails that will lead you not only to beautiful city vistas but also to more wild and rocky paths.

Within the city itself, you'll find four fundamental spa walking circuits, the Dendrological Trail of Václav Skalník, the Writers' Trail, educational paths for children with characters Karolína and Ruda the squirrels, and educational trails on the Nature of Parks and Spa Forests. All relevant materials are available at the Tourist Information Center (TIC).

Approximate Energy Expenditure

Brisk walking: 400 kcal = 1670 kJ/hour

Correct Length of Walking Poles (for Nordic Walking)

Body height (cm) x 0.66

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Czech Republic

MARKED TOURIST ROUTES



WEST

Direction: *Kajetán Pond (15.5 km)*

Mariánské Lázně – city center • Velká Hledsebe (3.1 km) •
Velký Knížecí Rybník – camp (5 km) • Malá Hledsebe (6.5 km) •
Krásné (9.5 km) • Tři Sekery (10.8 km) • Tachovská Huť (13.5 km)



WEST

Direction: *Dyleň (19.1 km) • Vysoká (22.8 km) •
Stará Voda (26.2 km) • Lázně Kynžvart (31.5 km)*

Mariánské Lázně – train station • Velká Hledsebe (1.9 km) •
Riviéra – swimming pool (3.6 km) • Krásné (8.2 km)



NORTHWEST

Direction: *Dolní Žandov (23.4 km)*

Mariánské Lázně – city center • 1st junction • Smetanova Alej (1.4 km)
• Intersection U Stohu (4.2 km) • 2nd junction • Bašusova Cesta,
Intersection (5.4 km) • Left to Uhlíř Pond (7 km) • Continue towards
Kladská (8.9 km)

1st junction – Left – Alej Svobody (King of Spruces) (2.1 km)
concurrently cycling route no. 361

2nd junction – Left – Direction Lázně Kynžvart, Square (4.6 km) •
Kynžvart Castle (6.3 km)



NORTH

Lázně Kynžvart • Kynžvart Castle (1.2 km) • Vysoké Sedlo (3 km) •
Hvězda (7.3 km) • Continue right onto Kladská (8.8 km)



NORTH

Mariánské Lázně – city center • Kings' Stone Intersection (6.1 km) •
1st junction • Right onto • Intersection Under the Gallows Meadow
(7.5 km) • Left onto Rota Stream (9 km) • Mýtský Pond (11 km)

1st junction – Left - 300 m from the junction is a hunting lodge from
1913 in the style of Swiss chalets. You can continue towards
Kladská. **Note that the route follows the road!**



NORTH

Mariánské Lázně – city center • Mariánské Lázně Reservoir (3.4 km) •
PR Smrad'och (5.6 km) • Farská Kyselka (6.2 km) • Springs (10.5 km)



NORTH

Mariánské Lázně – city center • Polom (4.8 km) • Farská Kyselka
• Strážišťe (8.8 km) • Under the Gallows Meadow (10.2 km) •
Rota Stream (11.7 km) • Further to Prameny village



EAST

Mariánské Lázně – city center • Krakonoš (2.1 km) • Závěšín,
Intersection (4.5 km) • 1st junction • Intersection toward Podhora
(5.8 km) • Podhorní Vrch (6.5 km) • Milhostov (9 km)

1st junction – Straight – Podhorní Lodge (7 km) • Intersection
Podhora (10.6 km) (cycling route no. 2216) • Intersection Podhora
Reservoir • Mrázov (12.4 km) • Betlém Pond, Intersection (13.7 km) •
Klášter Teplá (16.9 km) • Teplá (19 km)



SOUTH

Mariánské Lázně – city center • Úšovice Antoníčkův Spring (3.1 km) •
Vlkovice (4.6 km) • Martinov, Intersection (7.2 km) • Buchtál (10.1 km) •
Bridge over Jilmový Stream • Michalovy Hory (12.6 km)



SOUTH

Mariánské Lázně – train station • Úšovice (2.3 km) • Chotěnov (5 km) •
Holubín (6.3 km) • Dolní Kramolín (8 km) • Chodová Planá (11.8 km)

POINTS OF INTEREST



Bečov nad Teplou (6B)

Within the local castle and chateau complex,
you can find the reliquary of Saint Maurus,
which is considered the second most valuable
movable cultural relic in the Czech Republic,
following the Czech Crown Jewels.



Dlouhá stoka (3C)

This is an artificial water canal and a significant
technical landmark. It stretches for over 24 km,
and along its course, you'll find the Kladský and
Nový ponds.



Hrad Kynžvart (1E)

The ruins of the castle stand on the edge of the
Slavkov Forest. It is located on Zamecký Hill,
approximately 1 km northeast of Lázně Kynžvart.
These ruins are among the highest situated
castles in the Czech Republic, standing at an
elevation of 824 meters.



Kladská (2D)

The Kladská Peat Bog National Reserve is one of
the oldest and largest reserves in the Karlovy Vary
Region. Its also one of the most valuable parts
of the Slavkov Forest. A 2.3 km educational trail
runs through the peat bog, leading you around
Kladská Pond at the edge of the Kladská Peat
Bog National Nature Reserve, in a section named
Tajga. Walking along this educational trail doesn't
require special clothing and is not physically
demanding.



Klášter Teplá (7G)

The complex consists of a monastery church,
convent buildings, a prelature, the former
monastery hospital, a pharmacy,
a granary, farm buildings, and a courtyard.
The Premonstratensian Monastery of Teplá was
founded near the Teplá settlement by the Blessed
Hroznata of Ovenec, according to tradition, in 1193.



Krásenský vrch (5A)

The unique shape of this 25-meter tower,
with its spiral staircase winding unusually on
the outside, may remind you of a Babylonian
ziggurat. The lookout tower is located at an
elevation of 777 meters above sea level.



Panský vrch (2H)

Above the village of Drmoul, at an elevation
of 650 meters above sea level, lies Panský Vrch
with an iron lookout tower. The tower is open
for free access from mid-March to the end of
October but at your own risk. It is closed during
the winter.



Podhorní vrch (5G)

Podhorní Vrch Nature Reserve is a remnant
of a Tertiary volcano with significant
geomorphological features. The summit
of Velká Podhora is at an elevation of 847
meters.



PR Smrad'och (4E)

This protected area offers a short,
wheelchair-accessible educational trail.
Information about the formation of mofets
and the origin of mineral waters can be
found on local information boards.



Křížky, Upolínová louka (4C)

The Křížky Nature Park is a unique site
of heathlands. It is protected due to its
serpentine hill with rare flora, including
the endemic Cerastium alsinifolium.
The Upolínová louka Nature Park is
composed of a mosaic of protected wetland
communities.



Vodní nádrž Mariánské Lázně (3F)

The main purpose of the reservoir is to
supply the city of Mariánské Lázně with
drinking water. This reservoir is the oldest in
the Czech Republic with a masonry dam and
was put into operation in 1896.



Zámek Kynžvart (1E)

It is primarily known as the former summer
residence of the Austrian statesman
and diplomat Klemens von Metternich.
The castle is surrounded by an extensive
English park with small structures, and it is
adjacent to a golf course.

MAP KEY

	Marked hiking trails		Campsite
	Educational trail		Hospital
	First-class road		Emergency point
	Second-class road		Gas station
	Third-class road		Municipal or city office
	Other roads		Post office
	Paved roads, forest and field paths		Police
	Railway		Parking
	Railway station		Viewpoint
	Railway stop		Lookout tower
	Bus stop		Folk architecture
	Bus station		Theater
	Wayside shrine		Riding arena
	Wayside cross		Sports hall
	Chapel		Swimming pool
	Church		Forester's lodge
	Monument		Spring
	Monastery		Mineral spring
	Jewish cemetery		Water tower
	Cemetery		Mill
	Buildings		Abandoned village
	Gardens		Transmitter
	Industrial area		Information center
	Agricultural area		Museum
	Significant or protected tree		Playground
	Hotel		Golf course
	Tourist shelter		Photovoltaic power plant

